

**THE TRIED AND TRUE UPSILONIAN**  
*An Adaptation and Annotation of the Upsilon Credo*

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SPHERES OF ACTION	SOME APPLICATIONS
<b>A. AS AN INDIVIDUAL UPSILONIAN</b>	
Proud to be an Upsilonian	Enjoy the honor of membership but never bring dishonor to the fellowship
Sincere fellowship	Respect and care for each other
Upright self-respecting man	Practice good ethics and morality
Capable of growth and Greater service to fellowmen	Undertake continuous personal development; Conduct community development program
With spirit of:	
* self-negation for greater good	Give a gift of yourself to others
* oneness in victory or in defeat	Act with solidarity with brothers
* mutual aid and affection	Practice charity and love
Inspires and humbles me	No member is greater than the Upsilon
Revere the fine traditions of the Upsilon Sigma Phi	Live the Credo and the traditions of the Upsilon Sigma Phi
<b>B. IN THE UNIVERSITY OF THE PHILIPPINES</b>	
Abiding faith and loyalty to its ideals suffuse me with courage	Support and uphold the UP Charter
Create a climate conducive to:	Be excellent students and loyal alumni
* learning and	Raise quality of education
* progress	Improve UP facilities and services
<b>C. IN THE REPUBLIC OF THE PHILIPPINES</b>	
Abiding faith and loyalty to its ideals suffuse me with courage	Support and uphold the RP Constitution
Create a climate conducive to:	Be responsible citizens. Promote economic and social justice for all
* economic stability and	Raise quality of leadership
* political stability	Safeguard human and civil rights
<b>D. IN THE WORLD</b>	
Attain a dream of one world	Promote mutual understanding and solidarity among all peoples
With peace and freedom for all peoples	Respect the dignity of human person; Work for integral development of man
Give me hope and strength	Be optimistic: good triumphs over evil
<b>E. EPILOGUE</b>	
Prove myself worthy of all these that the Upsilon Sigma Phi stands for and be a tried and true Upsilonian.	Live the Upsilon Credo and its Traditions